



Introduction

Mental health challenges are often silenced by stigma, misrepresented by the media, or misunderstood by society. Unwelcome Guests is an immersive exhibition that aims to bring these internal battles into the open. Using sculpture, photography, and sound, we will give form to the unseen weight of mental illness.



The exhibition

Unwelcome Guests will feature a series of large-scale photographs by Will Morgan, capturing each subject in a familiar setting interacting with one of Laura Morgan's wearable sculptures, each of which acts as a physical metaphor for depression and anxiety. Participants choose a sculpture that resonates with their story, collaborate on how it appears in the image, and thereby co-create a portrait that reflects their emotional truth.

The sculptures will be displayed alongside the images, and visitors will be encouraged to try them on and feel the burden carried by the participants in the exhibition.

Audio interviews will form the final element of the exhibition: a soundscape composed from the stories of each participant, creating an intimate and immersive experience where visitors can learn about these journeys of resilience and survival.





Objectives

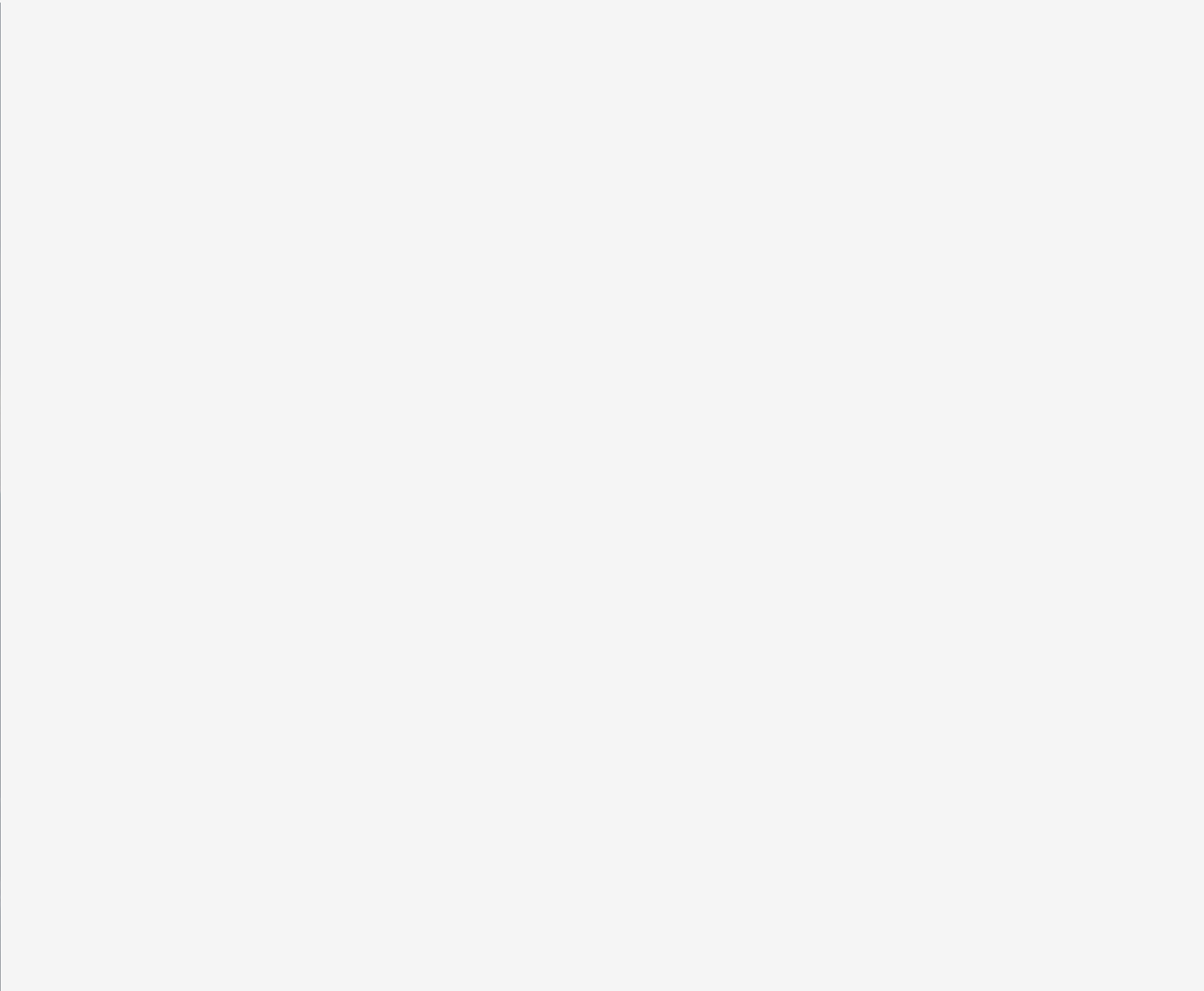
1. Shine a light on the silent struggle of mental illness.
2. Help audiences connect with lived experiences of depression and anxiety.
3. Create a safe space for open dialogue around mental health.
4. Encourage viewers to reflect, seek help, support others, or engage with advocacy efforts.



Call for participants

We are seeking individuals with lived experience of depression or anxiety who are willing to share their story and sit for a portrait.

Our approach is highly collaborative, and we want your story to shape the work.



Unwelcome Guests is a love letter to survival. It will not shy away from the darkness of mental illness, but refuses to stop there. Through your participation, you can help others feel less alone, and show that healing is not only possible, but powerful.

To participate,
please contact Will Morgan

07855811868
will@willmorgan.net

willmorgan.net
instagram.com/lauramorgan999

The artists

Will Morgan

A photographer with over 20 years of experience. After recovering from a major depressive episode, Will returned to photography with a renewed focus on emotional, narrative-driven work.

Laura Morgan

An Irish-born artist who transitioned from high fashion and film to visual art as a way to process her mental health struggles. Laura now uses sculpture to foster empathy, healing, and community. Laura is also the founder and curator of 'An Evenin' at the Clunch', a modern-day salon which brings together an eclectic mix of free thinkers to share their ideas and inspirations in a supportive space.

Press

[The Guardian](#)

[Vogue](#)

[Grazia](#)

Mental Health & Safeguarding Information

Unwelcome Guests engages with personal experiences that may include themes of mental health, emotional distress, self-harm, or suicide. Taking part in this project, whether through conversation, reflection, or creative contribution, may bring up difficult thoughts or feelings.

Your wellbeing is important. Participation is always voluntary, and you are free to pause, take breaks, or step away from the project at any point. If anything connected to your involvement feels distressing, please consider reaching out for support.

If you or someone else is in immediate danger, call 999.

Important Note

The Unwelcome Guests project does not provide therapeutic or crisis support. These resources are offered to help you access appropriate professional support if needed.

If you would like to talk to the project team about how participation is affecting you, you are welcome to do so.

UK Support Resources

Samaritans

24/7 confidential emotional support
116 123

jo@samaritans.org
samaritans.org

Shout

24/7 Crisis Text Line
Text SHOUT to 85258
giveusashout.org

Mind

Mental health information and support
0300 123 3393
Text 86463
mind.org.uk

PAPYRUS

Support for people under 35 experiencing suicidal thoughts
HOPELINE247: 0800 068 4141
Text 07860 039 967
pat@papyrus-uk.org
papyrus-uk.org

C.A.L.M.

(Campaign Against Living Miserably)
Suicide prevention and mental health support
0800 58 58 58 (5pm–midnight, 365 days a year)
Webchat available
thecalmzone.net

NHS Urgent Mental Health Helplines

24/7 local services
nhs.uk/urgentmentalhealth

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